

A horizontal splash of blue and pink ink on a white background. The ink is spread out horizontally, with blue on the left and pink on the right, meeting in the middle. The ink has a fluid, organic shape with many small swirls and bubbles. A semi-transparent purple rectangle is overlaid in the center of the splash, containing white text.

Like a miner's lamp in the darkness, your mental health is the light that guides you through life's toughest tunnels.

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