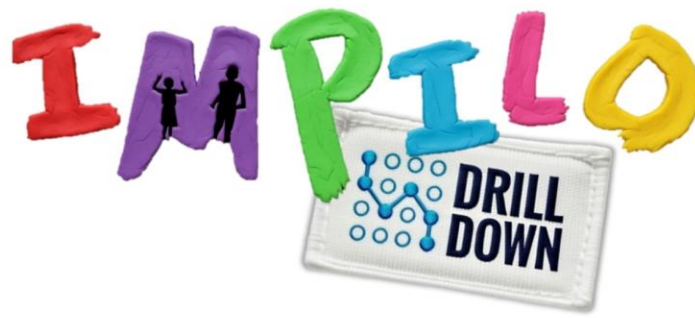




RESILIENT FAMILIES, SAFER WORKPLACES & COMMUNITIES

One-Day Practical Skills Workshop

Together, we always find a way.



CLOSING INTEGRATION & CELEBRATION



Closing Integration



RESILIENT FAMILIES, SAFER WORKPLACES & COMMUNITIES

A large, gold-colored paperclip is positioned on the left side of the slide, partially overlapping the title text.

THANK YOU FOR STAYING FULLY PRESENT THROUGH THIS ENTIRE DAY

We have travelled together from seeing clearly, to stepping up safely with the 5 D's, responding with heart when someone discloses, standing strong with practical resilience tools, and building our village through protective norms.

Large takeaway: You now carry real skills that can protect children, strengthen families, and create safer workplaces in South Africa. This closing is our time to reflect on what we have built together, complete a short final survey, celebrate your commitments, and close with gratitude.

In the bottom right corner, there are decorative swirls consisting of a green circle and a black circle with orange concentric lines.

BEFORE WE MOVE TO THE SURVEY, TAKE A QUIET MOMENT

- What is one thing you learned or felt shift inside you today?
- What skill or idea are you most likely to use in the coming week?





NOW WE WILL COMPLETE THE SHORT 5-QUESTION POST-TRAINING SURVEY

ACTIVITY



- I will display each question on the screen.
- Please take your time to answer honestly.
- There are no right or wrong answers - this is simply to measure our shared learning.

This helps us see what you have gained today and how confident you feel to use the skills. Your answers are private, you do not need to put your name on anything.



POST-TRAINING SURVEY



Name one early sign of GBV, bullying, coercive control or family stress spillover that you can now recognise more clearly.



What are the five D's in the Upstander Framework?



POST-TRAINING SURVEY



Give one example of a supportive response when someone discloses something difficult.



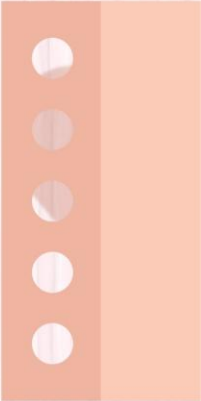
On a scale of 1 to 5, how confident do you now feel to use at least one of the skills from today in your work, family or community life?

(1 = not confident - 5 = very confident)





POST-TRAINING SURVEY



What is one specific action, norm or commitment you are taking away from today to strengthen safety for children and families?

THANK YOU

Your honest answers help us
make this training even
stronger for the next groups.
You have shown real growth
today.



NOW LET'S CELEBRATE WHAT WE HAVE BUILT TOGETHER

In Session 5 you each created a personal commitment, a small, realistic step to strengthen protective norms in your family, team or community.

These commitments matter. When many of us choose to act, even in small ways, we create the safety nets that protect children and give teens stronger foundations. This is ubuntu in action. This is how we build resilient families and safer workplaces across South Africa.



I AM BECAUSE WE ARE.

**I WOULD LOVE TO
HEAR FROM ANYONE
WHO FEELS
COMFORTABLE
SHARING THEIR
COMMITMENT OUT
LOUD**

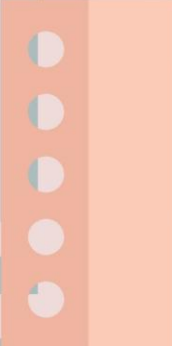
It can be just one sentence. Hearing each other's commitments reminds us that we are not alone, we are building this village together.



BEFORE WE CLOSE, A FEW IMPORTANT PRACTICAL NOTES



THE FULL RESOURCE PACK
WITH MORE EXAMPLES,
SCRIPTS AND NATIONAL
SUPPORT NUMBERS WILL BE
EMAILED TO YOU AFTER THE
WORKSHOP, ALONG WITH
YOUR CERTIFICATE OF
ATTENDANCE



You have earned this certificate through your full participation and openness today. It recognises the practical skills you now carry to protect children and strengthen the families and workplaces around you.

Well
done.



TO CLOSE OUR DAY TOGETHER

I invite anyone who wishes to join a short closing circle. We will go around once. You may share one word or a short phrase that describes how you feel right now, or one thing you are taking with you.

Participation is completely voluntary, you are also welcome to simply listen and receive.



The background of the slide is a light pink color with a pattern of vertical and horizontal light blue lines. In the top left corner, there are several orange curved shapes. In the bottom left corner, there is a green star-like shape. In the bottom center, there is a black circle with two orange swirls around it.

Thank you!

Every skill you practise and every norm you strengthen helps protect the most vulnerable little ones and supports the families who need it most.

This work continues through you.

From the bottom of my heart, thank you for the care, courage and presence you brought to this day.

You are now part of a growing community of Upstanders who choose to see clearly, step up safely, respond with heart, stand strong, and build protective villages for South Africa's children.